

Counselling

Adults, Families & Children

Sinhala & English



Chandi Rajapakshe is an Ayurvedic Doctor and qualified Counsellor supporting clients in an educational setting. She is committed to delivering life-management-solutions gradually empowering individuals and enabling them to make empowered decisions through a sound knowledge of theoretical counseling, approaches and their application to real world settings. Sessions are focused on Personality Development, Skills Development and Self Awareness, Family Counseling, Stress Management, Health Counseling, Child Counseling, Problem Solving, Cognitive Behaviour Counseling and Person-centered Counseling.

Qualifications: Diploma in Counseling Psychology (Mental Health Foundation, Sri Lanka), Advanced Diploma in Psychotherapy (Mental Health Foundation, Sri Lanka)

Able to work with patients from diverse backgrounds and age groups, Excellent listening and communication skills, Understanding of client

Bookings: 011 268 4808 / 076 557 5556 / pranalounge@gmail.com
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