

Total Ayurveda Vaidya Shala Ayurvedic Massage Training

Duration: 9 Weekdays / 2 hours

Monday & Wednesday & Friday 8.30am to 10.30am
commencing 25th September 2017

Course Fees: 55,000 Rs

Early Bird price by 15th September: 48,000 Rs



Total Ayurveda Vaidya Shala has designed a comprehensive training program for those interested in learning Ayurvedic Massage (Abhyanga)

Participants will be given theoretical and practical lessons in class which will enable them to gain an in-depth understanding of the different techniques of Ayurveda massage. A Certificate is awarded to all those who complete the programme.



The course is conducted by Rochelle Wickramaratchi. Rochelle is an Ayurvedic Lifestyle & Panchakarama consultant, with experience in London, Melbourne & Sri Lanka

Registration at Prana Lounge ∞ 60 Horton Place

Cinnamon Garden ∞ www.pranalounge.lk

+94 11 268 48 08 or +94 76 557 55 56

pranaloungecolombo@gmail.com